

Menu Calendar Report - May, 2018

Generated on: 5/3/2018 10:05:22 AM by Mary Sheffield

Site: Liberty Hill High School
 Meal Type: Lunch
 Site Group: CrossRoads Café
 Menu Line: CRC-Deli

Monday	Tuesday	Wednesday	Thursday	Friday
30 Apr	1 May	2 May	3 May	4 May
Chicken Fajita Flatbread Wrap (29.70 g)	Chicken Fajita Flatbread Wrap (29.70 g)	Chicken Caesar Salad, Secondary (Serve with Breadstick) (14.62 g)	Chicken Fajita Flatbread Wrap (29.70 g)	Chicken Fajita Flatbread Wrap (29.70 g)
Chicken Salad Sandwich, Richs Sub roll (3.89 g)	Ham and Cheese Flatbread Sandwich (30.28 g)	Chicken Fajita Flatbread Wrap (29.70 g)	Chicken Salad Flatbread Sandwich (32.32 g)	Ham and Cheese Flatbread Sandwich (30.28 g)
Ham and Cheese Flatbread Sandwich (30.28 g)	Italian Combo Flatbread Sandwich, turkey ham, pepperoni, salami, mozzarella, RECIPE (30.43 g)	Ham and Cheese Flatbread Sandwich (30.28 g)	Greek Salad (Serve with Roll) (11.55 g)	Italian Combo Flatbread Sandwich, turkey ham, pepperoni, salami, mozzarella, RECIPE (30.43 g)
Italian Combo Flatbread Sandwich, turkey ham, pepperoni, salami, mozzarella, RECIPE (30.43 g)	Italian Sub Sandwich, Richs sub roll, turkey ham, pepperoni, salami, mozzarella, RECIPE (2.00 g)	Italian Combo Flatbread Sandwich, turkey ham, pepperoni, salami, mozzarella, RECIPE (30.43 g)	Ham and Cheese Flatbread Sandwich (30.28 g)	Italian Sub Sandwich, Richs sub roll, turkey ham, pepperoni, salami, mozzarella, RECIPE (2.00 g)
Italian Sub Sandwich, Richs sub roll, turkey ham, pepperoni, salami, mozzarella, RECIPE (2.00 g)	Pasta Salad, Chicken Lime (Serve w/Roll) (40.31 g)	Italian Sub Sandwich, Richs sub roll, turkey ham, pepperoni, salami, mozzarella, RECIPE (2.00 g)	Italian Combo Flatbread Sandwich, turkey ham, pepperoni, salami, mozzarella, RECIPE (30.43 g)	Tuna Salad Flatbread Sandwich (30.16 g)
Southwest Chicken Salad (14.42 g)	Tuna Salad Flatbread Sandwich (30.16 g)	Pasta Salad, Chicken Lime (Serve w/Roll) (40.31 g)	Pasta Salad, Chicken Lime (Serve w/Roll) (40.31 g)	Tuna Salad Flatbread Sandwich (30.16 g)
Tuna Salad Flatbread Sandwich (30.16 g)	Turkey Breast & Cheese Flatbread Sandwich (30.28 g)	Tuna Salad Flatbread Sandwich (30.16 g)	Tuna Salad Flatbread Sandwich (30.16 g)	Turkey Breast & Cheese Flatbread Sandwich (30.28 g)
Turkey Breast & Cheese Flatbread Sandwich (30.28 g)	Turkey Breast & Cheese Sub Sandwich, Richs sub roll (1.85 g)	Turkey Breast & Cheese Flatbread Sandwich (30.28 g)	Turkey Breast & Cheese Flatbread Sandwich (30.28 g)	Turkey Breast & Cheese Sub Sandwich, Richs sub roll (1.85 g)
Turkey Breast & Cheese Sub Sandwich, Richs sub roll (1.85 g)	Turkey Combo Sub Sandwich, Richs sub roll (35.03 g)	Turkey Breast & Cheese Sub Sandwich, Richs sub roll (1.85 g)	Turkey Breast & Cheese Sub Sandwich, Richs sub roll (1.85 g)	Turkey Ham & Cheese Sub Sandwich, Richs sub roll (1.85 g)
Turkey Ham & Cheese Sub Sandwich, Richs sub roll (1.85 g)	Turkey Ham & Cheese Sub Sandwich, Richs sub roll (1.85 g)	Turkey Ham & Cheese Sub Sandwich, Richs sub roll (1.85 g)	Turkey Ham & Cheese Sub Sandwich, Richs sub roll (1.85 g)	Salad, Turkey Chef - Each serving requires- 2 cups lettuce, 2 tomato wedges, 3 sl turkey, .5 oz. cheese, 1/2 egg and 1/4 cucumber (10.59 g)
Salad, Turkey Chef - Each serving requires- 2 cups lettuce, 2 tomato wedges, 3 sl turkey, .5 oz. cheese, 1/2 egg and 1/4 cucumber (10.59 g)	Salad, Turkey Chef - Each serving requires- 2 cups lettuce, 2 tomato wedges, 3 sl turkey, .5 oz. cheese, 1/2 egg and 1/4 cucumber (10.59 g)	Salad, Turkey Chef - Each serving requires- 2 cups lettuce, 2 tomato wedges, 3 sl turkey, .5 oz. cheese, 1/2 egg and 1/4 cucumber (10.59 g)	Salad, Turkey Chef - Each serving requires- 2 cups lettuce, 2 tomato wedges, 3 sl turkey, .5 oz. cheese, 1/2 egg and 1/4 cucumber (10.59 g)	Roll, Dinner, Dough, 2.5 oz. Rich's (28.00 g)
Roll, Dinner, Dough, 2.5 oz. Rich's (28.00 g)	Roll, Dinner, Dough, 2.5 oz. Rich's (28.00 g)	Breadstick Dough, Rip Stick, Richs whole grain, 1.2 oz (15.00 g)	Oven Fired Flatbread (29.00 g)	Roll, Dinner, Dough, 2.5 oz. Rich's (28.00 g)
Applesauce Cup, 4.6 oz, Commodity (17.00 g)	Diced Mixed Fruit Cups, Frz, 4.6 oz commodity (16.96 g)	Roll, Dinner, Dough, 2.5 oz. Rich's (28.00 g)	Roll, Dinner, Dough, 2.5 oz. Rich's (28.00 g)	Fresh Apples (13.95 g)
Fresh Apples (13.95 g)	Fresh Apples (13.95 g)	Diced Peaches (16.89 g)	Fresh Apples (13.95 g)	Fresh Orange (11.28 g)
Fresh Orange (11.28 g)	Fresh Banana (26.95 g)	Fresh Apples (13.95 g)	Fresh Banana (26.95 g)	Mixed Fruit, Canned with Frozen Strawberries (15.84 g)
Trident Slush, Variety, Frozen or Liquid	Fresh Orange (11.28 g)	Fresh Banana (26.95 g)	Fresh Orange (11.28 g)	Trident Slush, Variety, Frozen or Liquid
Black-Eyed Pea Salad, Marinated - RECIPE (27.60 g)	Trident Slush, Variety, Frozen or Liquid	Fresh Orange (11.28 g)	Pineapple Tidbits (15.41 g)	Black-Eyed Pea Salad, Marinated - RECIPE (27.60 g)
Carrots,Baby, raw (5.84 g)	Carrots,Baby, raw (5.84 g)	Trident Slush, Variety, Frozen or Liquid	Trident Slush, Variety, Frozen or Liquid	Carrots,Baby, raw (5.84 g)
Lettuce, Iceburg, shredded, ready-to-serve (0.54 g)	Lettuce, Iceburg, shredded, ready-to-serve (0.54 g)	Black-Eyed Pea Salad, Marinated - RECIPE (27.60 g)	Bell Pepper, Red, fresh medium-large, julienne/strips, ready-to-serve (1.86 g)	Lettuce, Iceburg, shredded, ready-to-serve (0.54 g)
Potato Salad Regular, Reser's (23.52 g)	Potato Salad Regular, Reser's (23.52 g)	Carrots,Baby, raw (5.84 g)	Carrots,Baby, raw (5.84 g)	Potato Salad Regular, Reser's (23.52 g)
potato wedges, 8 cut, McCain (16.76 g)	Red Onions, raw (1.87 g)	Lettuce, Iceburg, shredded, ready-to-serve (0.54 g)	Lettuce, Iceburg, shredded, ready-to-serve (0.54 g)	potato wedges, 8 cut, McCain (16.76 g)
Red Onions, raw (1.87 g)	Salad Mix, Tossed (1.05 g)	Potato Salad Regular, Reser's (23.52 g)	Potato Salad Regular, Reser's (23.52 g)	Red Onions, raw (1.87 g)
Red Pepper Strips (1.49 g)	Tomatoes, fresh, 2-1/2-inch to 2-3/4-inch diameter whole, 1/8" sliced, ready-to-serve (1.46 g)	potato wedges, 8 cut, McCain (16.76 g)	potato wedges, 8 cut, McCain (16.76 g)	Red Pepper Strips (1.49 g)
Side Caesar Salad, RECIPE (3.16 g)	Chocolate Milk (24.00 g)	Red Onions, raw (1.87 g)	Red Onions, raw (1.87 g)	Side Caesar Salad, RECIPE (3.16 g)
Tomatoes, fresh, 2-1/2-inch to 2-3/4-inch diameter whole, 1/8" sliced, ready-to-serve (1.46 g)	Milk, fluid, with added vitamin A and vitamin D (Low Fat 1%)) (11.88 g)	Red Pepper Strips (1.49 g)	Salad Mix, Tossed (1.05 g)	Tomatoes, fresh, 2-1/2-inch to 2-3/4-inch diameter whole, 1/8" sliced, ready-to-serve (1.46 g)
Chocolate Milk (24.00 g)	Bar B Q Sauce, Heinz Dispenser 1.5 gallon (1440.85 g)	Side Caesar Salad, RECIPE (3.16 g)	Tomatoes, fresh, 2-1/2-inch to 2-3/4-inch diameter whole, 1/8" sliced, ready-to-serve (1.46 g)	Chocolate Milk (24.00 g)
	Buffalo Ranch Sauce (1.69 g)		Chocolate Milk (24.00 g)	Milk, fluid, with added vitamin A and vitamin D (Low Fat 1%)) (11.88 g)
				Bar B Q Sauce, Heinz Dispenser 1.5 gallon (1440.85 g)

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30 Apr	1 May	2 May	3 May	4 May
Milk, fluid, with added vitamin A and vitamin D (Low Fat 1%) (11.88 g) Buffalo Ranch Sauce (1.69 g) Caesar Dressing (1.00 g) Heinz Mayonnaise Dispenser 1.5 gallon Heinz Ranch Light dispenser pack (7.00 g) Ketchup Heinz Dispenser 1.5 gallon (6.67 g) Mustard, Heinz 1.5 gallon dispenser pack Sauce Mayo Cranberry (3.90 g)	Heinz Mayonnaise Dispenser 1.5 gallon Heinz Ranch Light dispenser pack (7.00 g) Ketchup Heinz Dispenser 1.5 gallon (6.67 g) Mustard, Heinz 1.5 gallon dispenser pack Sauce Mayo Cranberry (3.90 g)	Tomatoes, fresh, 2-1/2-inch to 2-3/4-inch diameter whole, 1/8" sliced, ready-to-serve (1.46 g) Chocolate Milk (24.00 g) Milk, fluid, with added vitamin A and vitamin D (Low Fat 1%) (11.88 g) Bar B Q Sauce, Heinz Dispenser 1.5 gallon (1440.85 g) Buffalo Ranch Sauce (1.69 g) Caesar Dressing (1.00 g) Heinz Mayonnaise Dispenser 1.5 gallon Heinz Ranch Light dispenser pack (7.00 g) Ketchup Heinz Dispenser 1.5 gallon (6.67 g) Mustard, Heinz 1.5 gallon dispenser pack Sauce Mayo Cranberry (3.90 g)	Milk, fluid, with added vitamin A and vitamin D (Low Fat 1%) (11.88 g) Bar B Q Sauce, Heinz Dispenser 1.5 gallon (1440.85 g) Buffalo Ranch Sauce (1.69 g) Heinz Mayonnaise Dispenser 1.5 gallon Heinz Ranch Light dispenser pack (7.00 g) Ketchup Heinz Dispenser 1.5 gallon (6.67 g) Mustard, Heinz 1.5 gallon dispenser pack Sauce Mayo Cranberry (3.90 g)	Buffalo Ranch Sauce (1.69 g) Caesar Dressing (1.00 g) Heinz Mayonnaise Dispenser 1.5 gallon Heinz Ranch Light dispenser pack (7.00 g) Ketchup Heinz Dispenser 1.5 gallon (6.67 g) Mustard, Heinz 1.5 gallon dispenser pack Sauce Mayo Cranberry (3.90 g)
7 May	8 May	9 May	10 May	11 May
Chicken Fajita Flatbread Wrap (29.70 g) Chicken Salad Sandwich, Richs Sub roll (3.89 g) Ham and Cheese Flatbread Sandwich (30.28 g) Italian Combo Flatbread Sandwich, turkey ham, pepperoni, salami, mozzarella, RECIPE (30.43 g) Italian Sub Sandwich, Richs sub roll, turkey ham, pepperoni, salami, mozzarella, RECIPE (2.00 g) Southwest Chicken Salad (14.42 g) Tuna Salad Flatbread Sandwich (30.16 g) Turkey Breast & Cheese Flatbread Sandwich (30.28 g) Turkey Breast & Cheese Sub Sandwich, Richs sub roll (1.85 g) Turkey Ham & Cheese Sub Sandwich, Richs sub roll (1.85 g) Salad, Turkey Chef - Each serving requires- 2 cups lettuce, 2 tomato wedges, 3 sl turkey, .5 oz. cheese, 1/2 egg and 1/4 cucumber (10.59 g) Roll, Dinner, Dough, 2.5 oz. Rich's (28.00 g) Applesauce Cup, 4.6 oz, Commodity (17.00 g) Fresh Apples (13.95 g) Fresh Orange (11.28 g) Trident Slush, Variety, Frozen or Liquid	Chicken Fajita Flatbread Wrap (29.70 g) Ham and Cheese Flatbread Sandwich (30.28 g) Italian Combo Flatbread Sandwich, turkey ham, pepperoni, salami, mozzarella, RECIPE (30.43 g) Italian Sub Sandwich, Richs sub roll, turkey ham, pepperoni, salami, mozzarella, RECIPE (2.00 g) Pasta Salad, Chicken Lime (Serve w/Roll) (40.31 g) Tuna Salad Flatbread Sandwich (30.16 g) Turkey Breast & Cheese Flatbread Sandwich (30.28 g) Turkey Breast & Cheese Sub Sandwich, Richs sub roll (1.85 g) Turkey Combo Sub Sandwich, Richs sub roll (35.03 g) Turkey Ham & Cheese Sub Sandwich, Richs sub roll (1.85 g) Salad, Turkey Chef - Each serving requires- 2 cups lettuce, 2 tomato wedges, 3 sl turkey, .5 oz. cheese, 1/2 egg and 1/4 cucumber (10.59 g) Roll, Dinner, Dough, 2.5 oz. Rich's (28.00 g) Diced Mixed Fruit Cups, Frz, 4.6 oz commodity (16.96 g) Fresh Apples (13.95 g) Fresh Banana (26.95 g) Fresh Orange (11.28 g)	Chicken Caesar Salad, Secondary (Serve with Breadstick) (14.62 g) Chicken Fajita Flatbread Wrap (29.70 g) Ham and Cheese Flatbread Sandwich (30.28 g) Italian Combo Flatbread Sandwich, turkey ham, pepperoni, salami, mozzarella, RECIPE (30.43 g) Italian Sub Sandwich, Richs sub roll, turkey ham, pepperoni, salami, mozzarella, RECIPE (2.00 g) Pasta Salad, Chicken Lime (Serve w/Roll) (40.31 g) Tuna Salad Flatbread Sandwich (30.16 g) Turkey Breast & Cheese Flatbread Sandwich (30.28 g) Turkey Breast & Cheese Sub Sandwich, Richs sub roll (1.85 g) Turkey Breast & Cheese Sub Sandwich, Richs sub roll (1.85 g) Turkey Ham & Cheese Sub Sandwich, Richs sub roll (1.85 g) Salad, Turkey Chef - Each serving requires- 2 cups lettuce, 2 tomato wedges, 3 sl turkey, .5 oz. cheese, 1/2 egg and 1/4 cucumber (10.59 g) Breadstick Dough, Rip Stick, Richs whole grain, 1.2 oz (15.00 g) Roll, Dinner, Dough, 2.5 oz. Rich's (28.00 g) Diced Peaches (16.89 g) Fresh Apples (13.95 g)	Chicken Fajita Flatbread Wrap (29.70 g) Chicken Salad Flatbread Sandwich (32.32 g) Greek Salad (Serve with Roll) (11.55 g) Ham and Cheese Flatbread Sandwich (30.28 g) Italian Combo Flatbread Sandwich, turkey ham, pepperoni, salami, mozzarella, RECIPE (30.43 g) Pasta Salad, Chicken Lime (Serve w/Roll) (40.31 g) Tuna Salad Flatbread Sandwich (30.16 g) Turkey Breast & Cheese Flatbread Sandwich (30.28 g) Turkey Breast & Cheese Sub Sandwich, Richs sub roll (1.85 g) Turkey Combo Sub Sandwich, Richs sub roll (35.03 g) Turkey Ham & Cheese Sub Sandwich, Richs sub roll (1.85 g) Salad, Turkey Chef - Each serving requires- 2 cups lettuce, 2 tomato wedges, 3 sl turkey, .5 oz. cheese, 1/2 egg and 1/4 cucumber (10.59 g) Oven Fired Flatbread (29.00 g) Roll, Dinner, Dough, 2.5 oz. Rich's (28.00 g) Fresh Apples (13.95 g) Fresh Banana (26.95 g) Fresh Orange (11.28 g)	Chicken Fajita Flatbread Wrap (29.70 g) Ham and Cheese Flatbread Sandwich (30.28 g) Italian Combo Flatbread Sandwich, turkey ham, pepperoni, salami, mozzarella, RECIPE (30.43 g) Italian Sub Sandwich, Richs sub roll, turkey ham, pepperoni, salami, mozzarella, RECIPE (2.00 g) Tuna Salad Flatbread Sandwich (30.16 g) Turkey Breast & Cheese Flatbread Sandwich (30.28 g) Turkey Breast & Cheese Sub Sandwich, Richs sub roll (1.85 g) Turkey Ham & Cheese Sub Sandwich, Richs sub roll (1.85 g) Salad, Turkey Chef - Each serving requires- 2 cups lettuce, 2 tomato wedges, 3 sl turkey, .5 oz. cheese, 1/2 egg and 1/4 cucumber (10.59 g) Roll, Dinner, Dough, 2.5 oz. Rich's (28.00 g) Fresh Apples (13.95 g) Fresh Orange (11.28 g) Mixed Fruit, Canned with Frozen Strawberries (15.84 g) Trident Slush, Variety, Frozen or Liquid Black-Eyed Pea Salad, Marinated - RECIPE (27.60 g) Carrots, Baby, raw (5.84 g)

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7 May	8 May	9 May	10 May	11 May
Black-Eyed Pea Salad, Marinated - RECIPE (27.60 g) Carrots,Baby, raw (5.84 g) Lettuce, Iceburg, shredded, ready-to-serve (0.54 g) Potato Salad Regular, Reser's (23.52 g) potato wedges, 8 cut, McCain (16.76 g) Red Onions, raw (1.87 g) Red Pepper Strips (1.49 g) Side Caesar Salad, RECIPE (3.16 g) Tomatoes, fresh, 2-1/2-inch to 2-3/4-inch diameter whole, 1/8" sliced, ready-to-serve (1.46 g) Chocolate Milk (24.00 g) Milk, fluid, with added vitamin A and vitamin D (Low Fat 1%) (11.88 g) Buffalo Ranch Sauce (1.69 g) Caesar Dressing (1.00 g) Heinz Mayonnaise Dispenser 1.5 gallon Heinz Ranch Light dispenser pack (7.00 g) Heinz Ranch Light dispenser pack (7.00 g) Ketchup Heinz Dispenser 1.5 gallon (6.67 g) Mustard, Heinz 1.5 gallon dispenser pack Sauce Mayo Cranberry (3.90 g)	Trident Slush, Variety, Frozen or Liquid Carrots,Baby, raw (5.84 g) Lettuce, Iceburg, shredded, ready-to-serve (0.54 g) Potato Salad Regular, Reser's (23.52 g) Red Onions, raw (1.87 g) Salad Mix, Tossed (1.05 g) Tomatoes, fresh, 2-1/2-inch to 2-3/4-inch diameter whole, 1/8" sliced, ready-to-serve (1.46 g) Chocolate Milk (24.00 g) Milk, fluid, with added vitamin A and vitamin D (Low Fat 1%) (11.88 g) Bar B Q Sauce, Heinz Dispenser 1.5 gallon (1440.85 g) Buffalo Ranch Sauce (1.69 g) Heinz Mayonnaise Dispenser 1.5 gallon Heinz Ranch Light dispenser pack (7.00 g) Ketchup Heinz Dispenser 1.5 gallon (6.67 g) Mustard, Heinz 1.5 gallon dispenser pack Sauce Mayo Cranberry (3.90 g)	Fresh Banana (26.95 g) Fresh Orange (11.28 g) Trident Slush, Variety, Frozen or Liquid Black-Eyed Pea Salad, Marinated - RECIPE (27.60 g) Carrots,Baby, raw (5.84 g) Lettuce, Iceburg, shredded, ready-to-serve (0.54 g) Potato Salad Regular, Reser's (23.52 g) potato wedges, 8 cut, McCain (16.76 g) Red Onions, raw (1.87 g) Red Pepper Strips (1.49 g) Side Caesar Salad, RECIPE (3.16 g) Tomatoes, fresh, 2-1/2-inch to 2-3/4-inch diameter whole, 1/8" sliced, ready-to-serve (1.46 g) Chocolate Milk (24.00 g) Milk, fluid, with added vitamin A and vitamin D (Low Fat 1%) (11.88 g) Bar B Q Sauce, Heinz Dispenser 1.5 gallon (1440.85 g) Buffalo Ranch Sauce (1.69 g) Caesar Dressing (1.00 g) Heinz Mayonnaise Dispenser 1.5 gallon Heinz Ranch Light dispenser pack (7.00 g) Ketchup Heinz Dispenser 1.5 gallon (6.67 g) Mustard, Heinz 1.5 gallon dispenser pack Sauce Mayo Cranberry (3.90 g)	Pineapple Tidbits (15.41 g) Trident Slush, Variety, Frozen or Liquid Bell Pepper, Red, fresh medium-large, julienne/strips, ready-to-serve (1.86 g) Carrots,Baby, raw (5.84 g) Lettuce, Iceburg, shredded, ready-to-serve (0.54 g) Potato Salad Regular, Reser's (23.52 g) potato wedges, 8 cut, McCain (16.76 g) Red Onions, raw (1.87 g) Salad Mix, Tossed (1.05 g) Tomatoes, fresh, 2-1/2-inch to 2-3/4-inch diameter whole, 1/8" sliced, ready-to-serve (1.46 g) Chocolate Milk (24.00 g) Milk, fluid, with added vitamin A and vitamin D (Low Fat 1%) (11.88 g) Bar B Q Sauce, Heinz Dispenser 1.5 gallon (1440.85 g) Buffalo Ranch Sauce (1.69 g) Heinz Mayonnaise Dispenser 1.5 gallon Heinz Ranch Light dispenser pack (7.00 g) Ketchup Heinz Dispenser 1.5 gallon (6.67 g) Mustard, Heinz 1.5 gallon dispenser pack Sauce Mayo Cranberry (3.90 g)	Lettuce, Iceburg, shredded, ready-to-serve (0.54 g) Potato Salad Regular, Reser's (23.52 g) potato wedges, 8 cut, McCain (16.76 g) Red Onions, raw (1.87 g) Red Pepper Strips (1.49 g) Side Caesar Salad, RECIPE (3.16 g) Tomatoes, fresh, 2-1/2-inch to 2-3/4-inch diameter whole, 1/8" sliced, ready-to-serve (1.46 g) Chocolate Milk (24.00 g) Milk, fluid, with added vitamin A and vitamin D (Low Fat 1%) (11.88 g) Bar B Q Sauce, Heinz Dispenser 1.5 gallon (1440.85 g) Buffalo Ranch Sauce (1.69 g) Caesar Dressing (1.00 g) Heinz Mayonnaise Dispenser 1.5 gallon Heinz Ranch Light dispenser pack (7.00 g) Ketchup Heinz Dispenser 1.5 gallon (6.67 g) Mustard, Heinz 1.5 gallon dispenser pack Sauce Mayo Cranberry (3.90 g)
14 May	15 May	16 May	17 May	18 May
Chicken Fajita Flatbread Wrap (29.70 g) Chicken Salad Sandwich, Richs Sub roll (3.89 g) Ham and Cheese Flatbread Sandwich (30.28 g) Italian Combo Flatbread Sandwich, turkey ham, pepperoni, salami, mozzarella, RECIPE (30.43 g) Italian Sub Sandwich, Richs sub roll, turkey ham, pepperoni, salami, mozzarella, RECIPE (2.00 g) Southwest Chicken Salad (14.42 g) Tuna Salad Flatbread Sandwich (30.16 g) Turkey Breast & Cheese Flatbread Sandwich (30.28 g)	Chicken Fajita Flatbread Wrap (29.70 g) Ham and Cheese Flatbread Sandwich (30.28 g) Italian Combo Flatbread Sandwich, turkey ham, pepperoni, salami, mozzarella, RECIPE (30.43 g) Italian Sub Sandwich, Richs sub roll, turkey ham, pepperoni, salami, mozzarella, RECIPE (2.00 g) Pasta Salad, Chicken Lime (Serve w/Roll) (40.31 g) Tuna Salad Flatbread Sandwich (30.16 g) Turkey Breast & Cheese Flatbread Sandwich (30.28 g)	Chicken Caesar Salad, Secondary (Serve with Breadstick) (14.62 g) Chicken Fajita Flatbread Wrap (29.70 g) Ham and Cheese Flatbread Sandwich (30.28 g) Italian Combo Flatbread Sandwich, turkey ham, pepperoni, salami, mozzarella, RECIPE (30.43 g) Italian Sub Sandwich, Richs sub roll, turkey ham, pepperoni, salami, mozzarella, RECIPE (2.00 g) Pasta Salad, Chicken Lime (Serve w/Roll) (40.31 g) Tuna Salad Flatbread Sandwich (30.16 g)	Chicken Fajita Flatbread Wrap (29.70 g) Chicken Salad Flatbread Sandwich (32.32 g) Greek Salad (Serve with Roll) (11.55 g) Ham and Cheese Flatbread Sandwich (30.28 g) Italian Combo Flatbread Sandwich, turkey ham, pepperoni, salami, mozzarella, RECIPE (30.43 g) Pasta Salad, Chicken Lime (Serve w/Roll) (40.31 g) Tuna Salad Flatbread Sandwich (30.16 g) Turkey Breast & Cheese Flatbread Sandwich (30.28 g)	Chicken Fajita Flatbread Wrap (29.70 g) Ham and Cheese Flatbread Sandwich (30.28 g) Italian Combo Flatbread Sandwich, turkey ham, pepperoni, salami, mozzarella, RECIPE (30.43 g) Italian Sub Sandwich, Richs sub roll, turkey ham, pepperoni, salami, mozzarella, RECIPE (2.00 g) Tuna Salad Flatbread Sandwich (30.16 g) Turkey Breast & Cheese Flatbread Sandwich (30.28 g) Turkey Breast & Cheese Sub Sandwich, Richs sub roll (1.85 g)

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Turkey Breast & Cheese Sub Sandwich, Richs sub roll (1.85 g)	Turkey Breast & Cheese Sub Sandwich, Richs sub roll (1.85 g)	Turkey Breast & Cheese Flatbread Sandwich (30.28 g)	Turkey Breast & Cheese Sub Sandwich, Richs sub roll (1.85 g)	Turkey Ham & Cheese Sub Sandwich, Richs sub roll (1.85 g)
Turkey Ham & Cheese Sub Sandwich, Richs sub roll (1.85 g)	Turkey Combo Sub Sandwich, Richs sub roll (35.03 g)	Turkey Breast & Cheese Sub Sandwich, Richs sub roll (1.85 g)	Turkey Combo Sub Sandwich, Richs sub roll (35.03 g)	Salad, Turkey Chef - Each serving requires- 2 cups lettuce, 2 tomato wedges, 3 sl turkey, .5 oz. cheese, 1/2 egg and 1/4 cucumber (10.59 g)
Salad, Turkey Chef - Each serving requires- 2 cups lettuce, 2 tomato wedges, 3 sl turkey, .5 oz. cheese, 1/2 egg and 1/4 cucumber (10.59 g)	Turkey Ham & Cheese Sub Sandwich, Richs sub roll (1.85 g)	Turkey Ham & Cheese Sub Sandwich, Richs sub roll (1.85 g)	Turkey Ham & Cheese Sub Sandwich, Richs sub roll (1.85 g)	Roll, Dinner, Dough, 2.5 oz. Rich's (28.00 g)
Roll, Dinner, Dough, 2.5 oz. Rich's (28.00 g)	Salad, Turkey Chef - Each serving requires- 2 cups lettuce, 2 tomato wedges, 3 sl turkey, .5 oz. cheese, 1/2 egg and 1/4 cucumber (10.59 g)	Salad, Turkey Chef - Each serving requires- 2 cups lettuce, 2 tomato wedges, 3 sl turkey, .5 oz. cheese, 1/2 egg and 1/4 cucumber (10.59 g)	Salad, Turkey Chef - Each serving requires- 2 cups lettuce, 2 tomato wedges, 3 sl turkey, .5 oz. cheese, 1/2 egg and 1/4 cucumber (10.59 g)	Roll, Dinner, Dough, 2.5 oz. Rich's (28.00 g)
Applesauce Cup, 4.6 oz, Commodity (17.00 g)	Roll, Dinner, Dough, 2.5 oz. Rich's (28.00 g)	Breadstick Dough, Rip Stick, Richs whole grain, 1.2 oz (15.00 g)	Oven Fired Flatbread (29.00 g)	Mixed Fruit, Canned with Frozen Strawberries (15.84 g)
Fresh Apples (13.95 g)	Diced Mixed Fruit Cups, Frz, 4.6 oz commodity (16.96 g)	Roll, Dinner, Dough, 2.5 oz. Rich's (28.00 g)	Roll, Dinner, Dough, 2.5 oz. Rich's (28.00 g)	Trident Slush, Variety, Frozen or Liquid
Fresh Orange (11.28 g)	Fresh Apples (13.95 g)	Diced Peaches (16.89 g)	Fresh Apples (13.95 g)	Black-Eyed Pea Salad, Marinated - RECIPE (27.60 g)
Trident Slush, Variety, Frozen or Liquid	Fresh Banana (26.95 g)	Fresh Apples (13.95 g)	Fresh Banana (26.95 g)	Carrots,Baby, raw (5.84 g)
Black-Eyed Pea Salad, Marinated - RECIPE (27.60 g)	Fresh Orange (11.28 g)	Fresh Banana (26.95 g)	Fresh Orange (11.28 g)	Lettuce, Iceburg, shredded, ready-to-serve (0.54 g)
Carrots,Baby, raw (5.84 g)	Trident Slush, Variety, Frozen or Liquid	Fresh Orange (11.28 g)	Pineapple Tidbits (15.41 g)	Potato Salad Regular, Reser's (23.52 g)
Lettuce, Iceburg, shredded, ready-to-serve (0.54 g)	Carrots,Baby, raw (5.84 g)	Trident Slush, Variety, Frozen or Liquid	Trident Slush, Variety, Frozen or Liquid	potato wedges, 8 cut, McCain (16.76 g)
Potato Salad Regular, Reser's (23.52 g)	Lettuce, Iceburg, shredded, ready-to-serve (0.54 g)	Black-Eyed Pea Salad, Marinated - RECIPE (27.60 g)	Bell Pepper, Red, fresh medium-large, julienne/strips, ready-to-serve (1.86 g)	Red Onions, raw (1.87 g)
potato wedges, 8 cut, McCain (16.76 g)	Potato Salad Regular, Reser's (23.52 g)	Carrots,Baby, raw (5.84 g)	Carrots,Baby, raw (5.84 g)	Red Pepper Strips (1.49 g)
Red Onions, raw (1.87 g)	Red Onions, raw (1.87 g)	Lettuce, Iceburg, shredded, ready-to-serve (0.54 g)	Lettuce, Iceburg, shredded, ready-to-serve (0.54 g)	Side Caesar Salad, RECIPE (3.16 g)
Red Pepper Strips (1.49 g)	Salad Mix, Tossed (1.05 g)	Potato Salad Regular, Reser's (23.52 g)	Potato Salad Regular, Reser's (23.52 g)	Tomatoes, fresh, 2-1/2-inch to 2-3/4-inch diameter whole, 1/8" sliced, ready-to-serve (1.46 g)
Side Caesar Salad, RECIPE (3.16 g)	Tomatoes, fresh, 2-1/2-inch to 2-3/4-inch diameter whole, 1/8" sliced, ready-to-serve (1.46 g)	potato wedges, 8 cut, McCain (16.76 g)	potato wedges, 8 cut, McCain (16.76 g)	Chocolate Milk (24.00 g)
Tomatoes, fresh, 2-1/2-inch to 2-3/4-inch diameter whole, 1/8" sliced, ready-to-serve (1.46 g)	Chocolate Milk (24.00 g)	Red Onions, raw (1.87 g)	Red Onions, raw (1.87 g)	Milk, fluid, with added vitamin A and vitamin D (Low Fat 1%) (11.88 g)
Chocolate Milk (24.00 g)	Milk, fluid, with added vitamin A and vitamin D (Low Fat 1%) (11.88 g)	Red Pepper Strips (1.49 g)	Salad Mix, Tossed (1.05 g)	Bar B Q Sauce, Heinz Dispenser 1.5 gallon (1440.85 g)
Milk, fluid, with added vitamin A and vitamin D (Low Fat 1%) (11.88 g)	Bar B Q Sauce, Heinz Dispenser 1.5 gallon (1440.85 g)	Side Caesar Salad, RECIPE (3.16 g)	Tomatoes, fresh, 2-1/2-inch to 2-3/4-inch diameter whole, 1/8" sliced, ready-to-serve (1.46 g)	Buffalo Ranch Sauce (1.69 g)
Buffalo Ranch Sauce (1.69 g)	Buffalo Ranch Sauce (1.69 g)	Tomatoes, fresh, 2-1/2-inch to 2-3/4-inch diameter whole, 1/8" sliced, ready-to-serve (1.46 g)	Chocolate Milk (24.00 g)	Caesar Dressing (1.00 g)
Caesar Dressing (1.00 g)	Heinz Mayonnaise Dispenser 1.5 gallon	Red Onions, raw (1.87 g)	Salad Mix, Tossed (1.05 g)	Heinz Mayonnaise Dispenser 1.5 gallon
Heinz Mayonnaise Dispenser 1.5 gallon	Heinz Ranch Light dispenser pack (7.00 g)	Red Pepper Strips (1.49 g)	Tomatoes, fresh, 2-1/2-inch to 2-3/4-inch diameter whole, 1/8" sliced, ready-to-serve (1.46 g)	Heinz Ranch Light dispenser pack (7.00 g)
Heinz Ranch Light dispenser pack (7.00 g)	Ketchup Heinz Dispenser 1.5 gallon (6.67 g)	Side Caesar Salad, RECIPE (3.16 g)	Chocolate Milk (24.00 g)	Heinz Ranch Light dispenser pack (7.00 g)
Ketchup Heinz Dispenser 1.5 gallon (6.67 g)	Mustard, Heinz 1.5 gallon dispenser pack	Tomatoes, fresh, 2-1/2-inch to 2-3/4-inch diameter whole, 1/8" sliced, ready-to-serve (1.46 g)	Milk, fluid, with added vitamin A and vitamin D (Low Fat 1%) (11.88 g)	Ketchup Heinz Dispenser 1.5 gallon (6.67 g)
Mustard, Heinz 1.5 gallon dispenser pack	Sauce Mayo Cranberry (3.90 g)	Chocolate Milk (24.00 g)	Bar B Q Sauce, Heinz Dispenser 1.5 gallon (1440.85 g)	Mustard, Heinz 1.5 gallon dispenser pack
Sauce Mayo Cranberry (3.90 g)	Heinz Mayonnaise Dispenser 1.5 gallon	Milk, fluid, with added vitamin A and vitamin D (Low Fat 1%) (11.88 g)	Buffalo Ranch Sauce (1.69 g)	Sauce Mayo Cranberry (3.90 g)
	Heinz Ranch Light dispenser pack (7.00 g)	Chocolate Milk (24.00 g)	Heinz Mayonnaise Dispenser 1.5 gallon	
	Ketchup Heinz Dispenser 1.5 gallon (6.67 g)	Caesar Dressing (1.00 g)	Heinz Ranch Light dispenser pack (7.00 g)	
	Mustard, Heinz 1.5 gallon dispenser pack	Heinz Mayonnaise Dispenser 1.5 gallon	Ketchup Heinz Dispenser 1.5 gallon (6.67 g)	
	Sauce Mayo Cranberry (3.90 g)	Heinz Ranch Light dispenser pack (7.00 g)	Mustard, Heinz 1.5 gallon dispenser pack	
		Ketchup Heinz Dispenser 1.5 gallon (6.67 g)	Sauce Mayo Cranberry (3.90 g)	
		Mustard, Heinz 1.5 gallon dispenser pack		
		Sauce Mayo Cranberry (3.90 g)		

Menu Calendar Report - May, 2018

Generated on: 5/3/2018 10:05:22 AM by Mary Sheffield

Site: Liberty Hill High School
 Meal Type: Lunch
 Site Group: CrossRoads Café
 Menu Line: CRC-Deli

Monday	Tuesday	Wednesday	Thursday	Friday
21 May	22 May	23 May	24 May	25 May
Chicken Fajita Flatbread Wrap (29.70 g)	Chicken Fajita Flatbread Wrap (29.70 g)	Chicken Caesar Salad, Secondary (Serve with Breadstick) (14.62 g)	Chicken Fajita Flatbread Wrap (29.70 g)	Chicken Fajita Flatbread Wrap (29.70 g)
Chicken Salad Sandwich, Richs Sub roll (3.89 g)	Ham and Cheese Flatbread Sandwich (30.28 g)	Chicken Fajita Flatbread Wrap (29.70 g)	Chicken Salad Flatbread Sandwich (32.32 g)	Ham and Cheese Flatbread Sandwich (30.28 g)
Ham and Cheese Flatbread Sandwich (30.28 g)	Italian Combo Flatbread Sandwich, turkey ham, pepperoni, salami, mozzarella, RECIPE (30.43 g)	Ham and Cheese Flatbread Sandwich (30.28 g)	Greek Salad (Serve with Roll) (11.55 g)	Italian Combo Flatbread Sandwich, turkey ham, pepperoni, salami, mozzarella, RECIPE (30.43 g)
Italian Combo Flatbread Sandwich, turkey ham, pepperoni, salami, mozzarella, RECIPE (30.43 g)	Italian Sub Sandwich, Richs sub roll, turkey ham, pepperoni, salami, mozzarella, RECIPE (2.00 g)	Italian Combo Flatbread Sandwich, turkey ham, pepperoni, salami, mozzarella, RECIPE (30.43 g)	Ham and Cheese Flatbread Sandwich (30.28 g)	Italian Sub Sandwich, Richs sub roll, turkey ham, pepperoni, salami, mozzarella, RECIPE (2.00 g)
Italian Sub Sandwich, Richs sub roll, turkey ham, pepperoni, salami, mozzarella, RECIPE (2.00 g)	Pasta Salad, Chicken Lime (Serve w/Roll) (40.31 g)	Italian Sub Sandwich, Richs sub roll, turkey ham, pepperoni, salami, mozzarella, RECIPE (2.00 g)	Italian Combo Flatbread Sandwich, turkey ham, pepperoni, salami, mozzarella, RECIPE (30.43 g)	Tuna Salad Flatbread Sandwich (30.16 g)
Southwest Chicken Salad (14.42 g)	Tuna Salad Flatbread Sandwich (30.16 g)	Italian Sub Sandwich, Richs sub roll, turkey ham, pepperoni, salami, mozzarella, RECIPE (2.00 g)	Pasta Salad, Chicken Lime (Serve w/Roll) (40.31 g)	Tuna Salad Flatbread Sandwich (30.16 g)
Tuna Salad Flatbread Sandwich (30.16 g)	Turkey Breast & Cheese Flatbread Sandwich (30.28 g)	Pasta Salad, Chicken Lime (Serve w/Roll) (40.31 g)	Tuna Salad Flatbread Sandwich (30.16 g)	Turkey Breast & Cheese Flatbread Sandwich (30.28 g)
Turkey Breast & Cheese Flatbread Sandwich (30.28 g)	Turkey Breast & Cheese Sub Sandwich, Richs sub roll (1.85 g)	Tuna Salad Flatbread Sandwich (30.16 g)	Turkey Breast & Cheese Flatbread Sandwich (30.28 g)	Turkey Breast & Cheese Sub Sandwich, Richs sub roll (1.85 g)
Turkey Breast & Cheese Sub Sandwich, Richs sub roll (1.85 g)	Turkey Combo Sub Sandwich, Richs sub roll (35.03 g)	Turkey Breast & Cheese Flatbread Sandwich (30.28 g)	Turkey Breast & Cheese Sub Sandwich, Richs sub roll (1.85 g)	Turkey Ham & Cheese Sub Sandwich, Richs sub roll (1.85 g)
Turkey Ham & Cheese Sub Sandwich, Richs sub roll (1.85 g)	Turkey Ham & Cheese Sub Sandwich, Richs sub roll (1.85 g)	Turkey Breast & Cheese Sub Sandwich, Richs sub roll (1.85 g)	Turkey Combo Sub Sandwich, Richs sub roll (35.03 g)	Salad, Turkey Chef - Each serving requires- 2 cups lettuce, 2 tomato wedges, 3 sl turkey, .5 oz. cheese, 1/2 egg and 1/4 cucumber (10.59 g)
Salad, Turkey Chef - Each serving requires- 2 cups lettuce, 2 tomato wedges, 3 sl turkey, .5 oz. cheese, 1/2 egg and 1/4 cucumber (10.59 g)	Salad, Turkey Chef - Each serving requires- 2 cups lettuce, 2 tomato wedges, 3 sl turkey, .5 oz. cheese, 1/2 egg and 1/4 cucumber (10.59 g)	Salad, Turkey Chef - Each serving requires- 2 cups lettuce, 2 tomato wedges, 3 sl turkey, .5 oz. cheese, 1/2 egg and 1/4 cucumber (10.59 g)	Salad, Turkey Chef - Each serving requires- 2 cups lettuce, 2 tomato wedges, 3 sl turkey, .5 oz. cheese, 1/2 egg and 1/4 cucumber (10.59 g)	Roll, Dinner, Dough, 2.5 oz. Rich's (28.00 g)
Roll, Dinner, Dough, 2.5 oz. Rich's (28.00 g)	Roll, Dinner, Dough, 2.5 oz. Rich's (28.00 g)	Breadstick Dough, Rip Stick, Richs whole grain, 1.2 oz (15.00 g)	Roll, Dinner, Dough, 2.5 oz. Rich's (28.00 g)	Fresh Apples (13.95 g)
Applesauce Cup, 4.6 oz, Commodity (17.00 g)	Diced Mixed Fruit Cups, Frz, 4.6 oz commodity (16.96 g)	Roll, Dinner, Dough, 2.5 oz. Rich's (28.00 g)	Fresh Apples (13.95 g)	Fresh Orange (11.28 g)
Fresh Apples (13.95 g)	Fresh Apples (13.95 g)	Diced Peaches (16.89 g)	Fresh Banana (26.95 g)	Mixed Fruit, Canned with Frozen Strawberries (15.84 g)
Fresh Orange (11.28 g)	Fresh Banana (26.95 g)	Fresh Apples (13.95 g)	Fresh Orange (11.28 g)	Trident Slush, Variety, Frozen or Liquid
Trident Slush, Variety, Frozen or Liquid	Fresh Orange (11.28 g)	Fresh Apples (13.95 g)	Pineapple Tidbits (15.41 g)	Black-Eyed Pea Salad, Marinated - RECIPE (27.60 g)
Black-Eyed Pea Salad, Marinated - RECIPE (27.60 g)	Trident Slush, Variety, Frozen or Liquid	Fresh Banana (26.95 g)	Trident Slush, Variety, Frozen or Liquid	Carrots,Baby, raw (5.84 g)
Carrots,Baby, raw (5.84 g)	Carrots,Baby, raw (5.84 g)	Fresh Orange (11.28 g)	Bell Pepper, Red, fresh medium-large, julienne/strips, ready-to-serve (1.86 g)	Lettuce, Iceburg, shredded, ready-to-serve (0.54 g)
Lettuce, Iceburg, shredded, ready-to-serve (0.54 g)	Lettuce, Iceburg, shredded, ready-to-serve (0.54 g)	Trident Slush, Variety, Frozen or Liquid	Carrots,Baby, raw (5.84 g)	Potato Salad Regular, Reser's (23.52 g)
Potato Salad Regular, Reser's (23.52 g)	Potato Salad Regular, Reser's (23.52 g)	Trident Slush, Variety, Frozen or Liquid	Lettuce, Iceburg, shredded, ready-to-serve (0.54 g)	potato wedges, 8 cut, McCain (16.76 g)
potato wedges, 8 cut, McCain (16.76 g)	Red Onions, raw (1.87 g)	Black-Eyed Pea Salad, Marinated - RECIPE (27.60 g)	Potato Salad Regular, Reser's (23.52 g)	Red Onions, raw (1.87 g)
Red Onions, raw (1.87 g)	Salad Mix, Tossed (1.05 g)	Carrots,Baby, raw (5.84 g)	potato wedges, 8 cut, McCain (16.76 g)	Red Pepper Strips (1.49 g)
Red Pepper Strips (1.49 g)	Tomatoes, fresh, 2-1/2-inch to 2-3/4-inch diameter whole, 1/8" sliced, ready-to-serve (1.46 g)	Carrots,Baby, raw (5.84 g)	Red Onions, raw (1.87 g)	Side Caesar Salad, RECIPE (3.16 g)
Side Caesar Salad, RECIPE (3.16 g)	Chocolate Milk (24.00 g)	Lettuce, Iceburg, shredded, ready-to-serve (0.54 g)	Salad Mix, Tossed (1.05 g)	Tomatoes, fresh, 2-1/2-inch to 2-3/4-inch diameter whole, 1/8" sliced, ready-to-serve (1.46 g)
Tomatoes, fresh, 2-1/2-inch to 2-3/4-inch diameter whole, 1/8" sliced, ready-to-serve (1.46 g)	Milk, fluid, with added vitamin A and vitamin D (Low Fat 1%) (11.88 g)	Potato Salad Regular, Reser's (23.52 g)	Potato Salad Regular, Reser's (23.52 g)	Chocolate Milk (24.00 g)
Chocolate Milk (24.00 g)	Bar B Q Sauce, Heinz Dispenser 1.5 gallon (1440.85 g)	potato wedges, 8 cut, McCain (16.76 g)	Red Onions, raw (1.87 g)	Milk, fluid, with added vitamin A and vitamin D (Low Fat 1%) (11.88 g)
Milk, fluid, with added vitamin A and vitamin D (Low Fat 1%) (11.88 g)	Buffalo Ranch Sauce (1.69 g)	Red Onions, raw (1.87 g)	Salad Mix, Tossed (1.05 g)	Bar B Q Sauce, Heinz Dispenser 1.5 gallon (1440.85 g)
Buffalo Ranch Sauce (1.69 g)		Red Pepper Strips (1.49 g)	Tomatoes, fresh, 2-1/2-inch to 2-3/4-inch diameter whole, 1/8" sliced, ready-to-serve (1.46 g)	Buffalo Ranch Sauce (1.69 g)
		Side Caesar Salad, RECIPE (3.16 g)	Chocolate Milk (24.00 g)	
		Tomatoes, fresh, 2-1/2-inch to 2-3/4-inch diameter whole, 1/8" sliced, ready-to-serve (1.46 g)	Milk, fluid, with added vitamin A and vitamin D (Low Fat 1%) (11.88 g)	

Menu Calendar Report - May, 2018

Generated on: 5/3/2018 10:05:22 AM by Mary Sheffield

Site: Liberty Hill High School
 Meal Type: Lunch
 Site Group: CrossRoads Café
 Menu Line: CRC-Deli

21 May	22 May	23 May	24 May	25 May
Caesar Dressing (1.00 g) Heinz Mayonnaise Dispenser 1.5 gallon Heinz Ranch Light dispenser pack (7.00 g) Ketchup Heinz Dispenser 1.5 gallon (6.67 g) Mustard, Heinz 1.5 gallon dispenser pack Sauce Mayo Cranberry (3.90 g)	Heinz Mayonnaise Dispenser 1.5 gallon Heinz Ranch Light dispenser pack (7.00 g) Ketchup Heinz Dispenser 1.5 gallon (6.67 g) Mustard, Heinz 1.5 gallon dispenser pack Sauce Mayo Cranberry (3.90 g)	Chocolate Milk (24.00 g) Milk, fluid, with added vitamin A and vitamin D (Low Fat 1%) (11.88 g) Bar B Q Sauce, Heinz Dispenser 1.5 gallon (1440.85 g) Buffalo Ranch Sauce (1.69 g) Caesar Dressing (1.00 g) Heinz Mayonnaise Dispenser 1.5 gallon Heinz Ranch Light dispenser pack (7.00 g) Ketchup Heinz Dispenser 1.5 gallon (6.67 g) Mustard, Heinz 1.5 gallon dispenser pack Sauce Mayo Cranberry (3.90 g)	Bar B Q Sauce, Heinz Dispenser 1.5 gallon (1440.85 g) Buffalo Ranch Sauce (1.69 g) Heinz Mayonnaise Dispenser 1.5 gallon Heinz Ranch Light dispenser pack (7.00 g) Ketchup Heinz Dispenser 1.5 gallon (6.67 g) Mustard, Heinz 1.5 gallon dispenser pack Sauce Mayo Cranberry (3.90 g)	Caesar Dressing (1.00 g) Heinz Mayonnaise Dispenser 1.5 gallon Heinz Ranch Light dispenser pack (7.00 g) Ketchup Heinz Dispenser 1.5 gallon (6.67 g) Mustard, Heinz 1.5 gallon dispenser pack Sauce Mayo Cranberry (3.90 g)
28 May	29 May	30 May	31 May	1 Jun
	Chicken Fajita Flatbread Wrap (29.70 g) Ham and Cheese Flatbread Sandwich (30.28 g) Italian Combo Flatbread Sandwich, turkey ham, pepperoni, salami, mozzarella, RECIPE (30.43 g) Italian Sub Sandwich, Richs sub roll, turkey ham, pepperoni, salami, mozzarella, RECIPE (2.00 g) Pasta Salad, Chicken Lime (Serve w/Roll) (40.31 g) Tuna Salad Flatbread Sandwich (30.16 g) Turkey Breast & Cheese Flatbread Sandwich (30.28 g) Turkey Breast & Cheese Sub Sandwich, Richs sub roll (1.85 g) Turkey Combo Sub Sandwich, Richs sub roll (35.03 g) Turkey Ham & Cheese Sub Sandwich, Richs sub roll (1.85 g) Salad, Turkey Chef - Each serving requires- 2 cups lettuce, 2 tomato wedges, 3 sl turkey, .5 oz. cheese, 1/2 egg and 1/4 cucumber (10.59 g) Roll, Dinner, Dough, 2.5 oz. Rich's (28.00 g) Diced Mixed Fruit Cups, Frz, 4.6 oz commodity (16.96 g) Fresh Apples (13.95 g) Fresh Banana (26.95 g) Fresh Orange (11.28 g) Trident Slush, Variety, Frozen or Liquid Carrots,Baby, raw (5.84 g)	Chicken Caesar Salad, Secondary (Serve with Breadstick) (14.62 g) Chicken Fajita Flatbread Wrap (29.70 g) Ham and Cheese Flatbread Sandwich (30.28 g) Italian Combo Flatbread Sandwich, turkey ham, pepperoni, salami, mozzarella, RECIPE (30.43 g) Italian Sub Sandwich, Richs sub roll, turkey ham, pepperoni, salami, mozzarella, RECIPE (2.00 g) Pasta Salad, Chicken Lime (Serve w/Roll) (40.31 g) Tuna Salad Flatbread Sandwich (30.16 g) Turkey Breast & Cheese Flatbread Sandwich (30.28 g) Turkey Breast & Cheese Sub Sandwich, Richs sub roll (1.85 g) Turkey Ham & Cheese Sub Sandwich, Richs sub roll (1.85 g) Salad, Turkey Chef - Each serving requires- 2 cups lettuce, 2 tomato wedges, 3 sl turkey, .5 oz. cheese, 1/2 egg and 1/4 cucumber (10.59 g) Breadstick Dough, Rip Stick, Richs whole grain, 1.2 oz (15.00 g) Roll, Dinner, Dough, 2.5 oz. Rich's (28.00 g) Diced Peaches (16.89 g) Fresh Apples (13.95 g) Fresh Banana (26.95 g) Fresh Orange (11.28 g)		

Menu Calendar Report - May, 2018

Generated on: 5/3/2018 10:05:22 AM by Mary Sheffield

Site: Liberty Hill High School
 Meal Type: Lunch
 Site Group: CrossRoads Café
 Menu Line: CRC-Deli

	29 May	30 May
	Lettuce, Iceberg, shredded, ready-to-serve (0.54 g)	Trident Slush, Variety, Frozen or Liquid
	Potato Salad Regular, Reser's (23.52 g)	Black-Eyed Pea Salad, Marinated - RECIPE (27.60 g)
	Red Onions, raw (1.87 g)	Carrots,Baby, raw (5.84 g)
	Salad Mix, Tossed (1.05 g)	Lettuce, Iceberg, shredded, ready-to-serve (0.54 g)
	Tomatoes, fresh, 2-1/2-inch to 2-3/4-inch diameter whole, 1/8" sliced, ready-to-serve (1.46 g)	Potato Salad Regular, Reser's (23.52 g)
	Chocolate Milk (24.00 g)	potato wedges, 8 cut, McCain (16.76 g)
	Milk, fluid, with added vitamin A and vitamin D (Low Fat 1%) (11.88 g)	Red Onions, raw (1.87 g)
	Bar B Q Sauce, Heinz Dispenser 1.5 gallon (1440.85 g)	Red Pepper Strips (1.49 g)
	Buffalo Ranch Sauce (1.69 g)	Side Caesar Salad, RECIPE (3.16 g)
	Heinz Mayonnaise Dispenser 1.5 gallon	Tomatoes, fresh, 2-1/2-inch to 2-3/4-inch diameter whole, 1/8" sliced, ready-to-serve (1.46 g)
	Heinz Ranch Light dispenser pack (7.00 g)	Chocolate Milk (24.00 g)
	Ketchup Heinz Dispenser 1.5 gallon (6.67 g)	Milk, fluid, with added vitamin A and vitamin D (Low Fat 1%) (11.88 g)
	Mustard, Heinz 1.5 gallon dispenser pack	Bar B Q Sauce, Heinz Dispenser 1.5 gallon (1440.85 g)
	Sauce Mayo Cranberry (3.90 g)	Buffalo Ranch Sauce (1.69 g)
		Caesar Dressing (1.00 g)
		Heinz Mayonnaise Dispenser 1.5 gallon
		Heinz Ranch Light dispenser pack (7.00 g)
		Ketchup Heinz Dispenser 1.5 gallon (6.67 g)
		Mustard, Heinz 1.5 gallon dispenser pack
		Sauce Mayo Cranberry (3.90 g)

Carbohydrate values in grams follow the Menu Item name